

Wednesday**-- Snack Items --**

Garlic Bread

*Carbs: 15*** Soybeans, Wheat*

--- Entrees ---

Turkey Hoagie MS/HS

*Carbs: 45*** Milk, Soybeans, Wheat*

Cheese Hoagie MS/HS

*Carbs: 43*** Soybeans, Wheat*

Cajun Chicken Pasta

*Carbs: 31*** Milk, Wheat*

Rainbow Chopped Salad

*Carbs: 96*** Milk, Soybeans, Eggs,
Wheat*

Chicken Caesar Wrap

*Carbs: 52*** Milk, Fish, Soybeans,
Eggs, Wheat*

Italian Hoagie MS/HS

*Carbs: 49*** Milk, Soybeans, Wheat*

Chicken Patty

*Carbs: 37*** Milk, Soybeans, Wheat*

Spicy Chicken Patty HS

*Carbs: 41*** Soybeans, Wheat*

Roasted Pear Salad with
Chicken and Cheddar*Carbs: 48*** Milk, Soybeans, Eggs,
Wheat*

Friday**--- Entrees ---**

Turkey Hoagie MS/HS

*Carbs: 45*** Milk, Soybeans, Wheat*

Cheese Hoagie MS/HS

*Carbs: 43*** Soybeans, Wheat*

Pizza, BIG DADDY'S™ Bold
Cheese (8 slices)*Carbs: 43*** Milk, Soybeans, Wheat*

Rainbow Chopped Salad

*Carbs: 96*** Milk, Soybeans, Eggs,
Wheat*

Chicken Caesar Wrap

*Carbs: 52*** Milk, Fish, Soybeans,
Eggs, Wheat*

Italian Hoagie MS/HS

*Carbs: 49*** Milk, Soybeans, Wheat*

Spicy Chicken Patty HS

*Carbs: 41*** Soybeans, Wheat*

Roasted Pear Salad with
Chicken and Cheddar*Carbs: 48*** Milk, Soybeans, Eggs,
Wheat*

SMUCKER 5.3 OZ
UNCRUSTABLE PEANUT
BUTTER AND GRAPE TWP*Carbs: 64*** Peanuts, Wheat*

Wednesday

--- Entrees ---

SMUCKER 5.3 OZ
UNCRUSTABLE PEANUT
BUTTER AND GRAPE TWP
Carbs: 64
* Peanuts, Wheat

Buffalo Chicken Cheese
Steak
Carbs: 50
* Milk, Soybeans, Eggs,
Wheat

Chicken Patty HS 9/10
w/Kaiser
Carbs: 36
* Soybeans, Wheat

Cheeseburger
Carbs: 31
* Milk, Soybeans, Wheat

--- Sides ---

HUMMUS, PLAIN TUB REF
TWP
Carbs: 5

Peanut Butter and Graham
Cracker
Carbs: 22
* Peanuts, Soybeans, Wheat

Carrots, Baby, Fresh,
Individually Wrapped
Carbs: 6

Cherry Tomato Cup
Carbs: 3

Italian Green Beans HS
Carbs: 6

Sidekicks Frozen
BlueRaspberry-Lemon
Carbs: 23

Assorted Fresh Fruit

Friday

--- Entrees ---

Buffalo Chicken Cheese
Steak
Carbs: 50
* Milk, Soybeans, Eggs,
Wheat

Chicken Patty HS 9/10
w/Kaiser
Carbs: 36
* Soybeans, Wheat

Cheeseburger
Carbs: 31
* Milk, Soybeans, Wheat

--- Sides ---

Peanut Butter and Graham
Cracker
Carbs: 22
* Peanuts, Soybeans, Wheat

Carrots, Baby, Fresh,
Individually Wrapped
Carbs: 6

Romaine Boats
Carbs: 11
* Soybeans, Wheat

Lettuce, Romaine, Raw

Roasted Chickpeas HS
Carbs: 32

HUMMUS, PLAIN TUB REF
TWP
Carbs: 5

Assorted Fresh Fruit

Apple Pie Fruit Salad
Carbs: 19

Wednesday

--- Milk ---

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D

Carbs: 34

** Milk*

Milk, Strawberry, Fat Free

Carbs: 34

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D

Carbs: 12

** Milk*

Friday

--- Milk ---

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D

Carbs: 34

** Milk*

Milk, Strawberry, Fat Free

Carbs: 34

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D

Carbs: 12

** Milk*

Monday	Tuesday	Wednesday	Thursday	Friday
-- Snack Items --	-- Snack Items --	--- Entrees ---	--- Entrees ---	--- Entrees ---
Garlic Bread <i>Carbs: 15</i> * Soybeans, Wheat ---	CHEESE, Queso Blanco TWP <i>Carbs: 1</i> * Milk ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	FARM RICH BREADED PIZZA CHEESE CRUNCHERS TWP <i>Carbs: 51</i> * Milk, Wheat ---
Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---
Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Bacon Cheeseburger <i>Carbs: 30</i> * Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---
Penne Alfredo HS <i>Carbs: 70</i> * Milk ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---
Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---
Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---
Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---
Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Nachos Bell Grande (w/ beef crumbles) <i>Carbs: 7</i> * Soybeans, Wheat ---	General's Chicken <i>Carbs: 26</i> * Milk, Soybeans, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---		Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---	

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Italian Green Beans HS Carbs: 6</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Apricots, Canned, Light Syrup Pack TWP Carbs: 21</p> <p>---</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>LETTUCE ROMAINE CHOPPED FRESH</p> <p>---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>BROCCOLI, FRESH Carbs: 6</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Soy Glazed Green Beans Carbs: 5 * Soybeans</p> <p>---</p>	<p>--- Entrees ---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Sautéed Cinnamon Pears Carbs: 22</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Baked Bean Supreme Carbs: 47</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Onion Ring</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Carrots & Celery Carbs: 8</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>WHOLE GRAIN PANCAKE BITE Carbs: 6 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12</p> <p>---</p>

Monday	Tuesday	Wednesday	Friday
<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>CORN, KERNEL YELLOW FROZEN <i>Carbs: 21</i> ---</p> <p>CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP <i>Carbs: 32</i> ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	-- Snack Items --	--- Entrees ---	--- Entrees ---
Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	SAUSAGE, TURKEY LINK 1.03 OZ MILD SKINLESS CKD FZN TWP ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---
Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Tacos <i>Carbs: 20</i> * Soybeans ---	--- Entrees ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---
Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Asian Take Out <i>Carbs: 20</i> * Soybeans, Eggs, Wheat ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---
TWP Bagel <i>Carbs: 2</i> * Milk, Soybeans ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---
Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---
Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---
Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---
Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---
Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	---

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Baked Apples Carbs: 19 * Soybeans</p> <p>Apple Slice, Unsweetened, Canned</p> <p>---</p> <p>APPLESAUCE, STRAWBERRY BANANA UNSWEETENED SS PLASTIC CUP Carbs: 14</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 17</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Mexicali Corn TWP Carbs: 26 * Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>Black Bean and Corn Salad Carbs: 37</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>French Toast Sticks, Whole Grain (approx. 140-150 pieces) Carbs: 42 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Cucumber Slices Carbs: 1</p> <p>---</p> <p>SFS MINH WHOLE GRAIN VEGETABLE FRIED RICE NET WT 30.98LBS 6 Carbs: 54 * Soybeans, Wheat</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Cucumber Slices Carbs: 1</p> <p>---</p> <p>SFS MINH WHOLE GRAIN VEGETABLE FRIED RICE NET WT 30.98LBS 6 Carbs: 54 * Soybeans, Wheat</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Pizza, BIG DADDY'S™ Bold Cheese (8 slices) Carbs: 43 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Roasted Chickpeas HS Carbs: 32</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Apple Pie Fruit Salad Carbs: 19</p> <p>---</p> <p>Romaine Boats Carbs: 11 * Soybeans, Wheat</p> <p>---</p> <p>Lettuce, Romaine, Raw</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> ---</p> <p>HUMMUS, PLAIN TUB REF TVP <i>Carbs: 5</i> ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday
<div>-- Snack Items --</div> <div>Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat ---</div>	<div>-- Snack Items --</div> <div>Biscuit, Baked Easy Split WG 2oz MS/HS TWP Carbs: 22 * Milk, Wheat ---</div>	<div>--- Entrees ---</div> <div>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat ---</div> <div>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat ---</div> <div>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat ---</div> <div>Chicken Bacon Flatbread Carbs: 6 * Milk, Wheat ---</div> <div>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat ---</div> <div>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat ---</div> <div>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat ---</div> <div>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat ---</div> <div>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</div>	<div>--- Entrees ---</div> <div>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat ---</div> <div>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat ---</div> <div>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat ---</div> <div>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat ---</div> <div>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat ---</div> <div>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat ---</div> <div>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat ---</div> <div>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</div>
<div>--- Entrees ---</div> <div>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat ---</div> <div>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat ---</div> <div>Grilled Cheese Carbs: 64 * Milk, Soybeans, Wheat ---</div> <div>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat ---</div> <div>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat ---</div> <div>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat ---</div> <div>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat ---</div> <div>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat ---</div>	<div>--- Entrees ---</div> <div>Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat ---</div> <div>Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat ---</div> <div>Rainbow Chopped Salad Carbs: 96 * Milk, Soybeans, Eggs, Wheat ---</div> <div>Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat ---</div> <div>Seasoned Baked Chicken Carbs: 1 * Milk, Soybeans ---</div> <div>Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat ---</div> <div>Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat ---</div> <div>Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat ---</div> <div>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat ---</div>		

Monday	Tuesday	Wednesday	Thursday
<p>--- Entrees ---</p> <p>Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Fruit Cocktail, Canned, Extra Light Syrup Carbs: 14</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs</p> <p>---</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>STRAWBERRIES SLICED 5# TWP Carbs: 13</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Roasted Broccoli Carbs: 8</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>MCCAIN MASH MAKERS REDUCED SODIUM SEASONED MASHED POTATOES 6 Carbs: 26 * Milk</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Cheesy Green Peas Carbs: 5</p> <p>---</p> <p>Roasted Chickpeas HS Carbs: 32</p> <p>---</p> <p>Celery, Raw, Sticks Carbs: 2</p> <p>---</p> <p>APPLESAUCE, CINNAMON UNSWEETENED SS PLASTIC CUP TWP Carbs: 14</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>SAUCE, MARINARA TOMATO CAN TWP Carbs: 9</p> <p>---</p> <p>Cherry Tomato Cup Carbs: 3</p> <p>---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday
<p>--- Sides ---</p> <p>HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---</p>	<p>--- Sides ---</p> <p>Assorted Fresh Fruit ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i></p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
-- Snack Items --	-- Snack Items --	--- Entrees ---	--- Entrees ---	--- Entrees ---
Garlic Bread <i>Carbs: 15</i> * Soybeans, Wheat ---	CHEESE, Queso Blanco TWP <i>Carbs: 1</i> * Milk ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---
Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---
Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Bacon Cheeseburger <i>Carbs: 30</i> * Soybeans, Wheat ---	Jake's Pizza <i>Carbs: 55</i> ---
Cheesy Penne Pasta Marinara MS/HS <i>Carbs: 69</i> ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---
Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---
Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---
Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---
Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat ---	Nachos Bell Grande (w/ beef crumbles) <i>Carbs: 7</i> * Soybeans, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---			Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Italian Green Beans HS Carbs: 6</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p> <p>CRAISINS CHERRY FLAVORED POUCH Carbs: 28</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Baked Bean Supreme Carbs: 47</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Chicken and Waffles HS Carbs: 27 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat</p> <p>---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Mashed Sweet Potatoes HS Carbs: 57</p> <p>---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Carrots & Celery Carbs: 8</p> <p>---</p> <p>BLUEBERRIES WHOLE 5# TWP Carbs: 17</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Pumpkin Pie Applesauce Carbs: 34 * Milk</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Baked Bean Supreme Carbs: 47</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p> <p>Onion Ring</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Entrees ---</p> <p>Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Carrots & Celery Carbs: 8</p> <p>---</p> <p>Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat</p> <p>---</p> <p>Cranapple Spinach Salad HS Carbs: 33 * Wheat</p> <p>---</p> <p>Spinach, Leaves, Fresh</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>WHOLE GRAIN PANCAKE BITE Carbs: 6 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>HUMMUS, PLAIN TUB REF TWP Carbs: 5</p> <p>---</p> <p>Strawberries with Whipped Topping Carbs: 40 * Milk</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>---</p>

Monday	Tuesday	Wednesday	Friday
<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>CORN, KERNEL YELLOW FROZEN <i>Carbs: 42</i> ---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>	<p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk</p> <p>Milk, Strawberry, Fat Free <i>Carbs: 34</i></p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk</p> <p>---</p>